

“7 Critical Facts You MUST Know About Mercury and Your Health, and Why Not Just Any Dentist Should Remove Your Old Silver/Mercury Fillings”

1. “Silver” amalgam fillings are 50% Mercury [1]
2. Mercury is THE Most TOXIC, non-radioactive element on earth. [2]
3. Mercury Vapor is continuously emitted from dental fillings and accumulates in the body over time. [2]
4. Mercury can adversely affect the immune, cardiac, respiratory and digestive systems. [2]
5. Newborns may be at risk for learning disabilities because of mercury their mother absorbed during pregnancy. [3]
6. Mercury exposure has been linked to brain tissue damage similar to that seen in Alzheimer’s disease. [4]
7. To avoid further exposure mercury fillings should only be removed by a dentist specifically trained and equipped for Safe Mercury Removal [4]

Many people do not realize that their dark, “silver” amalgam fillings are 50% mercury. A large filling may contain as much mercury as a thermometer. Mercury is vaporized easily at room temperature, and in this state, is odorless, colorless and tasteless. Inhaled mercury vapor is readily absorbed into the bloodstream. The World Health Organization has concluded that **dental fillings contribute more mercury to a person’s body than all other sources of mercury combined**. Mercury is a powerful poison. Published research demonstrates that mercury is more toxic than lead, cadmium or arsenic. No amount of mercury vapor can be considered harmless, especially considering its cumulative effect.

Mercury is the most toxic, non-radioactive element on the earth. [2] Most medical and scientific researchers have called for a ban on the use of mercury in all products. However, the potential harmful effects of mercury fillings have been ignored by the U.S. Government. Many European countries have banned or curtailed the use of mercury in dental fillings, but our country lags behind in this decision. Amalgam is a material that is over 150 years old, and there are many modern alternatives that can be considered.

Due to its poisonous nature, mercury can adversely affect the immune, urinary, cardiac, respiratory and digestive systems. Under laboratory conditions, mercury has produced brain cell deterioration identical to that seen in victims of Alzheimer’s disease. [4] Mercury poisoning has been implicated in immune system depression, multiple sclerosis, depression and chronic fatigue syndrome and autism.

Mercury vapor is continuously emitted from dental fillings and accumulates in the body over time. The damaging effects of this exposure may not manifest for years or even decades. Studies repeatedly demonstrate that even low levels of mercury cause measurable adverse health effects. Mercury in the tissues of a fetus or infant correlates significantly with the number of dental amalgam fillings in the mother. Many physicians are testing their patients for mercury toxicity and referring them to biological dentists. Across scientific disciplines, health professionals are realizing that mercury may adversely impact patient health.

To prevent additional mercury exposure, it is imperative that patients inquire about the following amalgam removal protocols:

Utilizing an effective oral suction system to contain amalgam particles and limit mercury vapors

Operating a vacuum system at optimal efficiency

Applying copious amounts of water to the filling during removal

Removing large portions of the amalgam to minimize particulate and mercury vapor release

Providing a safe source of oxygen for the patient to breath during removal

For more information and an enlightening interview, contact Dr. Joel Singer at his office, **201-592-6222**,

1 <http://www.fda.gov/medicaldevices/productsandmedicalprocedures/dentalproducts/dentalamalgam/ucm17109htm>

2. <http://www.who.int/ipcs/publications/cicad/en/cicad50.pdf>

3. <http://www.ibcmt.com/2008-05-07-IBCMT-Ely-Micromercurialism-MercuryInducedAlzheimersDisease.pdf>

4. <http://www.iaomt.org/>